

Learning Outcomes:

Revision



To revise the topics:

- Developing health choices - SDG, Eatwell Guide
- Nutritional Needs - Nutrients, life stages, lifestyle.
- Functional Foods - coagulation, aeration, binding
- Keep safe and hygienic - storage , cooking temps.



Success Criteria:

To have completed any outstanding work.

To have completed revision exercises in preparation for the written test.

Assessment Day

No talking

Give lots of detail in
your answers.